

Blood Tests

INFORMATION SHEET

Because you are donating to charity, you are eligible to have the blood tests bulk billed. Please remember to ask your Doctor.



WHAT ARE THE TESTS?

- Human Immunodeficiency Virus (HIV)
- Hepatitis B & C Viruses (Hep B & C)
- Human T-cell Leukemia virus types 1 & 2 (HTLV 1 & 2)
- Syphilis
- Cytomegalovirus (CMV)

Not sure?

We can help. If you have any queries or concerns regarding these infections and possible transmission, please contact Mothers Milk Bank Charity immediately.



WHY DO I NEED TO DO BLOOD TESTS?

Some diseases and infections can be transmitted through breastmilk. Although they are eliminated during the pasteurisation process, blood tests ensure the absence of any of these infections before pasteurisation.

If donating to the Mothers Milk Bank Charity over a long period of time, you may also be required to undergo further blood tests.

These will be required at three monthly intervals.

These blood tests can be arranged through your attending physician or GP.

Mothers Milk Bank Charity is required by law to ensure the confidentiality of its donor mothers.

BLOOD TESTS REQUIRED

HUMAN IMMUNODEFICIENCY VIRUS (HIV)

HIV is responsible for AIDS (Acquired Immune Deficiency Syndrome). AIDS is the name given to a collection of diseases that develop because the body's immune system breaks down. It is possible to carry HIV for many years without becoming ill.

HEPATITIS B & C VIRUSES (HEP B & C)

Hep B and C are viruses that infect the liver cells and can cause inflammation of the liver.

HUMAN T-CELL LEUKEMIA VIRUS TYPES 1 & 2 (HTLV 1 & 2)

HTLV 1 and 2 are most common in Southern Japan, the Caribbean, parts of Africa, South America, and south-eastern USA. Many people who carry these viruses may display no symptoms even though they will be infectious.

SYPHILIS

A sexually transmitted bacterial infection.

CYTOMEGALOVIRUS (CMV)

Blood tests for CMV are required, even though this virus is destroyed on freezing and through pasteurisation.

These infections can be passed on in a number of ways:

- Through unprotected sexual intercourse
- Through the sharing of needles
- Via blood transfusions
- Via breastmilk
- Via tattoos and body piercing if non-sterile equipment is used

NEXT STEPS

Step 1

Results

Please inform your doctor that you will need a copy of your results sent to you as you will need to pass them on to us.

Step 2

Send to us

Once you have your results, please forward them to: bloodtest@mothersmilkbank.com.au

Step 3

MMBC review

Our medical team will review the results, along with your registration form.

Once given the all clear, you will be allocated a Donor ID number, and we will let you know that you have been cleared & ready for donation.



Contact Us
(07) 3260 6609

enquiry@mothersmilkbank.com.au
mothersmilkbank.com.au

Each donor is registered with a donor number, which is the only identification used when collecting, processing, and distributing donated milk.



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Monday - Friday
9:00am to 5:00pm AEST